

HOW TO RESIST CLIMATE CHANGE?



The negative effects of climate change can be mitigated by taking a number of preventive measures. This process is called climate change adaptation. Adaptation helps us avoid harmful effects of climate change and find solutions to sustain and develop our lives under the new conditions.

AGRICULTURE

- Collect and use rainwater for irrigation
- Install efficient irrigation systems, such as drip irrigation
- Install anti-hail nets
- Plant trees along field edges to serve as a windbreak
- Grow heat-resistant, drought-resistant crops
- Select appropriate irrigation timings
- Build greenhouses

NATURAL ECOSYSTEMS

- Conserve biodiversity, as such ecosystems cope better with climate change
- Follow fire safety rules
- Do not graze livestock in forest ecosystems
- Ensure balanced use of pastures to maintain vegetation restoration

HUMAN HEALTH

- Add green spaces to urban settlements
- Be informed about the spread of diseases and preventative measures
- Dress according to the weather
- Follow fire safety rules in forested areas
- Drink water often

DISASTER RISK REDUCTION

- Do not pollute flood control channels and rivers
- Strengthen riverbanks
- Plant and protect deep-rooted trees in coastal areas
- Follow the weather forecast
- Install drainage systems